



Louisville Center for Weight Loss

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HCG Survey

Preliminary Results

We thank all of our patients for sharing their experience with HCG. So far we are showing overwhelming good results:

Drug	Maximum Weight Loss	Average Weight Loss	Minimum Weight Loss
HCG Injectable + Appetite Suppressant	21	11	5
HCG Oral + Appetite Suppressant	35	20	4

Some patients taking HCG reported euphoria (feeling better), and increased energy. Most reported no side effects. It does not work for everyone though, some felt no difference.



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HCG Diet

After receiving many requests for the highly popular HCG diet, Louisville Center for Weight Loss is happy to announce the availability of the HCG diet at a reasonable price. Many other offices charge outrageous prices for this relatively inexpensive medication. It is our goal to provide the highest quality medical care at a reasonable price. The introductory price for a one month supply of the injectable HCG is \$49.95 and \$69.95 for the oral.

Louisville Center for Weight Loss is proud to be participating with other physician members of the American Society of Bariatric Physicians to study modifications to the HCG diet, different administration routes of HCG, and its use with other medications as part of a multi-center research project. We do not use placebos; you will always receive the real medication.

HCG is Human Chorionic Gonadotropin, the pregnancy hormone. It was first described by Dr. A T. W. Simeons in his book "Pounds and Inches, A New Approach to Obesity" in 1954, over fifty years ago, and has remained very popular over the years. His original diet was 500 calories a day. We do NOT recommend this diet, and do NOT recommend eating less than 1,200 calories a day. If you choose to follow the Simeon's diet we suggest you TRIPLE the portion sizes to ensure adequate protein intake, and take a multi-vitamin. We recommend that you eat smaller portions of the foods you enjoy, and increase your exercise. We will discuss this with you at the time of your visit. You can download the book from our web site, or we can supply you with a printed copy.

It is available as a small painless daily injection, as originally described by Simeons, or as an oral solution that is absorbed under the tongue. The injections may be self administered. We are happy to administer your injections until you are completely comfortable doing so yourself. We provide you with a kit of everything you will need, including detailed instruction, the medication, syringes, alcohol swabs and Band-Aids.

We offer many other FDA approved diet medications of proven efficacy and safety, and do not recommend taking HCG by itself.